YOU DON’T LET DIABETES STAND BETWEEN THE SULLIVANS AND THEIR GRANDCHILDREN

“Dee and Jack Sullivan are diabetic. They were afraid poor health would keep them from being active with their six grandchildren. Then they found a special diabetes exercise class that your gifts support, and in just a few months are healthier and more energetic.

Dee and Jack joined the class in the cardiac rehab center at St. Elizabeth Youngstown Hospital. There are plenty of exercise classes in the community but, thanks to you, this free six-month class provides special resources for people with diabetes. At the class, people can exercise and get their blood pressure and blood sugar checked. They also get healthy diet advice from a nutritionist. Your support provides them with tools to make healthier choices and keep their diabetes under control.

“Jack has lost two sizes and needs to buy new pants,” Dee laughed. “It has been a tremendous program. We have both lowered our blood sugar and lost weight.”

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“Jack has lost two sizes and needs to buy new pants,” Dee laughed. “It has been a tremendous program. We have both lowered our blood sugar and lost weight.”

“We knew we weren’t eating or exercising properly and wanted to change that,” Dee said. “The donors made it possible for us to join this class. We want to stay healthy for our grandkids.”

Six grandkids motivated Dee and Jack Sullivan to make healthy changes.

What you can do today!

- Send your gift to the Foundation in the enclosed envelope
- Call us. We’d love to talk with you!
- Visit our website: foundation.mercy.com/youngstown
- Make your credit card donation online
- Make a bequest in your will
- Make a local impact. Your gifts always stay local.

Make your mark.

Have you updated your will lately? You can use your will for good in our community. Your legacy will be one of hope, healing and caring for others. Ask us how you can add simple language to include a gift for Mercy Health in your will. Simply call us at (330) 729-1189 or email JTMercer@mercy.com.

YOUR GIFTS TO JOANIE’S PROMISE GIVE WOMEN ANSWERS, SUPPORT AND A HAND TO HOLD WHEN THEY FIND A LUMP IN THEIR BREAST

MERCY HEALTH FOUNDATION | MAHONING VALLEY
You helped Ronald Detec get his life-saving prescriptions before he left the hospital, saving him a three-hour round trip drive. Ronald went into cardiac arrest in 2016 and was admitted to the hospital. When it was time to go home, he needed medication and couldn’t risk missing a dose. No local pharmacies carried these drugs. His wife, Kathy, had to drive nearly 100 miles and back.

Earlier this year, Ronald was in the hospital again. But this time—thanks to you—Kathy got Ronald’s prescriptions filled right in St. Elizabeth Boardman Hospital at the new Sr. Margaret Mary H.M. Ambulatory Pharmacy.

“It is such a relief when you can just get what you need to help your loved one settle in and be assured that all of the important medication is right there,” said Kathy.

The Meds-to-Beds program delivers medications and at-home therapies to the patient’s room so patients can get their prescriptions filled before leaving the hospital. Patients can also talk with pharmacy and clinical staff to help understand their medications and how to take them.

And because of your generosity for the prescription assistance program, patients who can’t afford their medications can get them for free or at reduced cost.

Why I give: SO WOMEN DON’T HAVE TO FEAR THE BILL MORE THAN CANCER

“Without Joanie’s Promise donors, I still wouldn’t have the peace of mind I have today.”

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