

IT'S MOVEMBER!

GET INVOLVED. HELP US BEAT PROSTATE CANCER IN THE VALLEY.



Join our Movember campaign to boost awareness of prostate cancer risk and raise funds for men's prostate health issues. Just start with a clean shaven face on November 1st, then for the next 30 days, coax, trim, groom and wax your way to a spectacular (or not) cookie duster. Get some sponsors. Recruit some friends. Have some fun. Do some good.

Together you, your moustache and your supporters will generate conversations about prostate health, create awareness of the need for early detection, raises funds and, ultimately, saves lives. Pretty good stuff for a little ol' mustache, right?

Every dollar raised stays in the Mahoning Valley to fight prostate cancer and save lives.

CAN'T GROW A 'STACHE? YOU CAN STILL JOIN THE FUN

Not man enough to grow a mustache? Or maybe you're not a man at all. No problem. You can do your part to raise funds, recruit others or simply talk to your man about his health and well-being.

IT'S MOVEMBER--SIGN UP

You can get involved with Movember in a number of ways:

Be a Mo Grower. Start that 'stache, then rustle up some sponsors and raise some funds. Be sure to upload your photos to the Man Up Mahoning Valley Facebook page to show the world your best whiskers!

Start a Mo Team. Get the guys at work, in the neighborhood, or local watering hole to ditch the razors and start a Mo Team. Challenge another department at work. The team that rakes in the most donations wins a Guys Night Out and bragging rights.

Pledge a percentage of every sale you make in November. Make a donation to someone who is participating.